

Pub Grub Burgers

Ingredients

- 1 lb. ground chuck
- 1.5 tablespoon
- 1 tablespoon red whine
- 2 tablespoons grate onion
- Salt & Pepper
- Blue cheese dressing
- Caramelized onions
- 4 English muffins, split and toasted.

Combine ground chuck, Worcestershire sauce, red wine, salt and pepper and grate onion. Form meat into 4 patties. Cook over medium-high heat until the internal temperature reaches 160 degrees. While burgers are cooking, toast English muffins. Spread blue cheese dressing on muffins and add the burger. Top burgers with caramelized onions.